



# SCHOOL OF SELF-RELIANCE

Since 1974

## Survival Skills Weekend Workshops

at Lakeside, San Diego

May 14-16, 2016



**Learn primitive skills, wilderness survival essentials, and self-reliance way of living at this 3-days event's hands-on Workshops**

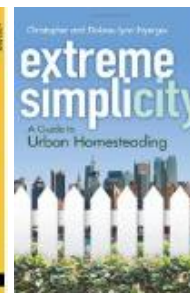
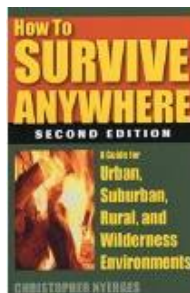
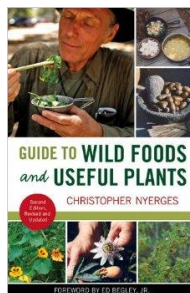


Classes conducted by Christopher Nyerges, Helen Nyerges, and staff

<p><b>Saturday, May 14</b>  <b>10 a.m. – 5 p.m.</b>  <b>All-day Workshop</b>  <b>Cost: \$ 100</b></p>	<p><b>Sunday, May 15</b>  <b>10 a.m. – 5 p.m.</b>  <b>All-day Workshop</b>  <b>Cost: \$ 100</b></p>	<p><b>Monday, May 16</b>  <b>10 a.m. – 1 p.m.</b>  <b>AM Workshop</b>  <b>Cost: \$ 50</b></p>	<p><b>Register for the whole weekend and receive</b>  <b>10% Discount</b>  <b>Weekend Cost: \$225</b></p>
<p><b>A.M. Classes</b>  <b>Plant Walk</b>  <b>Wild Edible &amp; Medicinal Plants Identification and Practical Usage</b>  <b>P.M. Classes</b>  <b>Native Rock Pigments</b>  <b>Primitive Fire Making</b></p>	<p><b>A.M. Classes</b>  <b>Wild Food Foraging, Storage, Prepping, and Cooking</b>  <b>P.M. Classes</b>  <b>Yucca Cordage and Brush Construction</b>  <b>Traditional Arrow Crafting</b></p>	<p><b>A.M. Classes</b>  <b>Survival Techniques</b>  <b>Indigenous Traps, Nettings, Snares, Water Sourcing and Purification</b></p>	<p><b>Early-Bird Special</b>  <b>Register by April 22 get</b>  <b>20% Discount</b>  <b>Weekend Cost: \$200</b>    <b>Event participants must be 18 years of age or over</b>  <b>Cost includes workshop classes and class materials.</b></p>

**Space is limited, advance registration is required. Registration Deadline Sat, May 7, 2016**  
**For more information or to register for the workshops, please phone (626)791-3217**  
**or send an e-mail: [christopher\\_nyerges@yahoo.com](mailto:christopher_nyerges@yahoo.com)**

**Location and parking information, detailed workshop schedule, recommendation for local hotels, and additional information for event participants will be provided in an enrollment packet upon completion of registration.**



**Christopher Nyerges** has been a self-reliance skills educator for over 42 years and the author of "Guide to Wild Foods," "How to Survive Anywhere," "Foraging California," "Extreme Simplicity", and many educational books. He has written hundreds of feature articles for magazines and news publications. He has also been featured in many U.S. and International television shows.

**Helen Nyerges** has been a naturalist and professional environmental educator for over 18 years. She has been the director of a nature preserve in Southern California since 2006. She has created, developed, and conducted public programs in connecting people with nature, indigenous culture, old-fashioned arts and crafts, green-living, and native plant gardening since 1993.